

Hope Games



June 3rd 2017
at Batavia Downs

7am-8am registration
8am events begin



Make Your Team

Teams of 4

2 men + 2 women

All team members must
compete at the same level

Visit our event page on Facebook
to see standard videos

Register Now

Registration open now
until June 1st

\$120 per team

Register online at
GeneseeCancerAssistance.com

All participants must sign a waiver

Win Prizes

1st 2nd & 3rd place
awards will be given for both
"fun" and "challenge" teams

Early Bird Special

First 10 teams to register
for the Hope Games
will save \$20 off registration
Code: SAVE20

Competition Standards

Fun

men/women

deadlifts 185/115
thrusters 75/55
kb swings 55/35
box jumps 24/20
jumprope singles

Challenge

men/women

deadlifts 225/155
thrusters 95/65
kb swings 70/55
box jumps 30/24
jumprope doubles

Compete for a Cause

1 Mile Run +

Indoor
Challenge

all day
\$20/person

Survivor Lap

+ 3K Walk

at noon
\$10+ donation

Contact Frank at 585-993-1768 for more information